Duke Vaccinates The Adult Immunization Project

A multi-component intervention increase adult immunization rates for four major vaccines within primary care

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Background

Adult vaccination rates are well below the Healthy People 2020 goals established by the CDC

| Vaccine | 2013 | 2020 goal |
|--------------------------|-------|-----------|
| Pneumococcal vaccine | | |
| Age 18-64 yr | 21.2% | 60% |
| Age ≥ 65 yr | 59.7% | 90% |
| Influenza vaccine | | |
| Age ≥ 18 yr | 42.2% | 80% |
| Pertussis (Tdap) vaccine | | |
| Age ≥ 18 yr | 14.2% | N/A |
| Herpes Zoster Vaccine | | |
| Age ≥ 60 yr | 24.2% | 30% |

Prior Studies

Effective interventions to increase vaccination rates

- Audit and feedback
- Reminders
- Provider Financial Incentives
- Education
- Quality Improvement interventions involving a) personal contact with patients or b) shared responsibility with non-MD healthcare personnel

Objective

Assess effectiveness of a multi-component QI intervention to increase adult immunization rates for 4 vaccine preventable diseases -- influenza, pneumococcal pneumonia, pertussis (whooping cough), and herpes zoster (shingles)

Questions:

- 1. What is the pre- vs. post-intervention change in vaccination rates in eligible adult patients?
- 2. Do intervention clinics have greater improvement compared to control clinics?

Methods – Multi-component Intervention

- Online Audit & Feedback platform (MedConcert[®])
- Multi-disciplinary educational resources
- Non-physician clinic champions
 - Nurses, medical assistants
- Pre-specified vaccine targets established by each clinic
- Monthly reports on clinic and provider performance for 4 vaccines
 - Electronic dashboard and printed reports
- Quarterly clinic champion calls

Learning Resources Created by Adult Immunization Project

Training Videos (Duke):

- Educating Patients & Families about Vaccines & Vaccine Preventable Diseases for Healthcare Professionals
- Preparing, Administering and Documenting Vaccines Given For Healthcare Professionals
- "Mini-Grand Rounds" series: Overview of adult vaccinations and uptake; Herpes Zoster; Tdap; Influenza; Pneumococcal (5 min each)
- Pfizer "Change the Exchange" videos: Evidence-based techniques for improving the conversation about vaccinations with adult patients (one for clinic staff, one for providers)

Online Modules:

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Vaccine Basics for the Healthcare Professional (#1 of 3)
Understanding Vaccines (#2 of 3)
Dosing & Administering Vaccines (#3 of 3)
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Educational Resources:

Tip Sheets: Documenting Patient Refusals, Coverage of Vaccines, Outside Messages in Epic, Protect Your Patients from Pneumococcal Disease Training Manual Pocket Card

Setting & Participants

- 24 intervention clinics -- 209,533 patients; 147 physicians, 46 NPs/PAs
- 6 control clinics -- 64,133 patients; 63 physicians, 12 NPs/PAs
- One health system in North Carolina
- Baseline period: April 1, 2015 March 31, 2016
- Intervention period: September 1, 2016 August 31, 2017

Methods – Analyses

Comparison of intervention and control clinics

- Continuous data: 2-sample t-tests or Wilcoxon ranksum tests
- Categorical data: Pearson's chi-squared test

Effectiveness of intervention

- Logistic regression models
- Generalized estimating equations methods to account for clustering of outcomes within clinics
- Analyses adjusted for baseline vaccinations rates and differences in case mix between intervention and control clinics

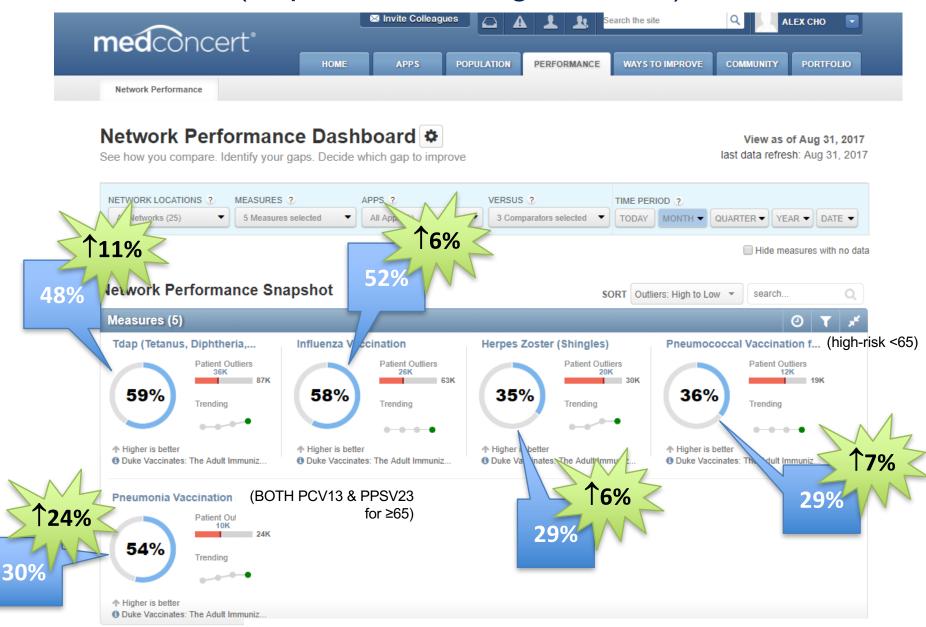
Results – Clinic comparisons

Intervention patients were

- Younger (mean age 51 yrs vs. control 53 yrs, p <0.0001)
- More females (60% vs. control 55%, p < 0.0001)
- More insured (65% vs. control 58%, p < 0.0001)
- Less Caucasians (65% vs. 72%, p < 0.0001)

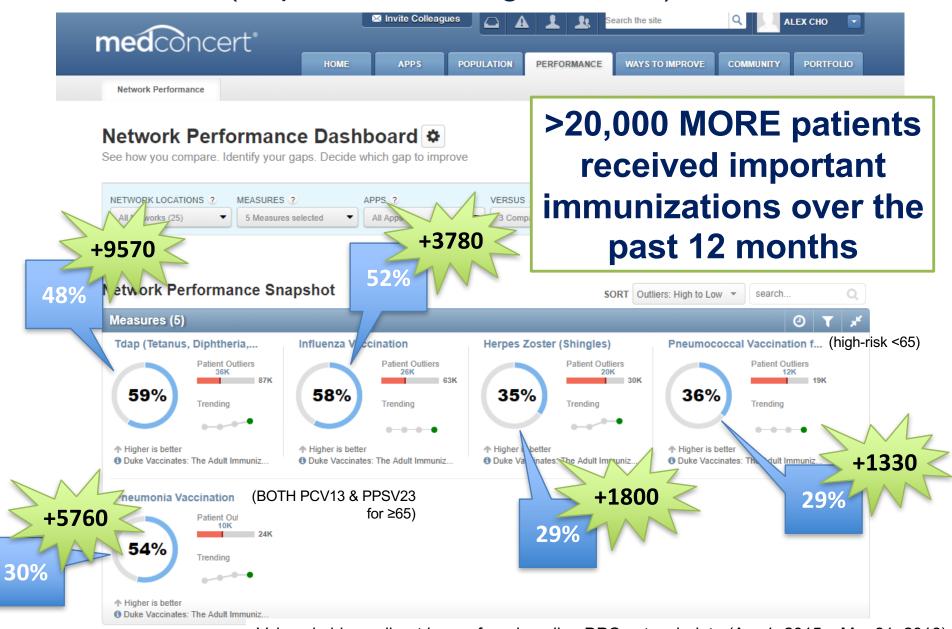
Added these as covariates in analyses

Vaccination Rates(Sep 1, 2016 – Aug 31, 2017)



Values in blue call-out boxes from baseline DPC network data (Apr 1, 2015 – Mar 31, 2016)

Patient Numbers (Sep 1, 2016 – Aug 30, 2017)



Values in blue call-out boxes from baseline DPC network data (Apr 1, 2015 – Mar 31, 2016)

Results – Multivariable Analyses

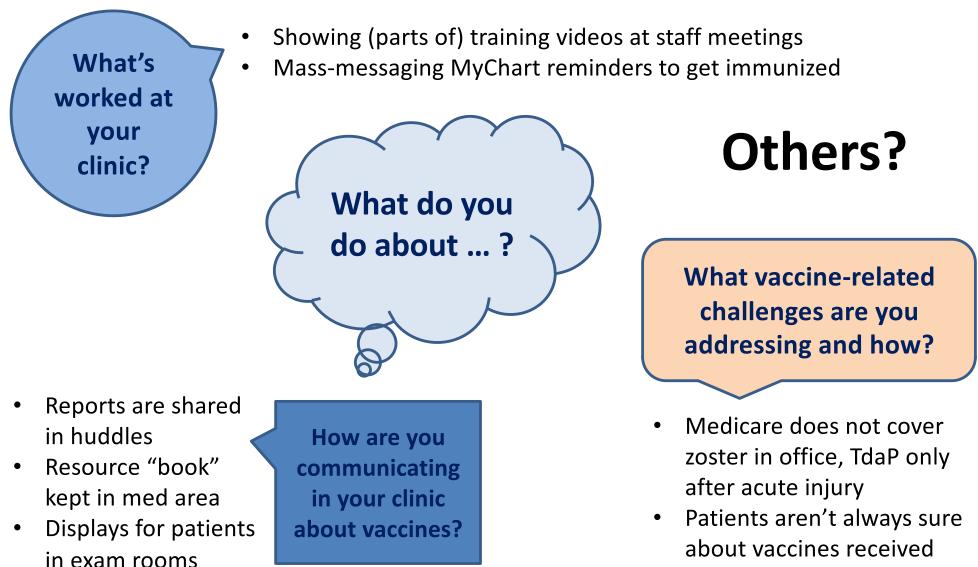
Patients in intervention clinics were more likely to receive:

- Influenza vaccine (adj. OR 1.56, 95% CI 1.30-1.88, p < 0.001)
- Pneumococcal vaccine (adj. OR 2.40, 95% CI 1.10-5.24, p=0.028)

No differences seen between intervention and control clinics for:

- *Tdap vaccine* (adj. OR 1.05, 95% CI 0.87 1.26, p=0.61)
- *Zoster vaccine* (adj. OR 1.16, 95% CI 0.90 1.49, p=0.25)

Open Mike: Best Practices; Questions for Peers



elsewhere

Conclusion

- Implementing an evidence-based, multi-component intervention (A&F, clinic-defined targets, educational resources, non-physician clinic champions) resulted in absolute increases in adult immunization rates over a 12-month period for all 4 vaccines
- Adjusted analyses showed significantly higher influenza and pneumococcal vaccination rates in intervention clinics
- Non-physician clinic champions were key to success

Recognizing Our Champions





End-of-project celebration and dissemination held October 2017

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The Adult Immunization Project

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Questions?

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