Duke Vaccinates The Adult Immunization Project

A multi-component intervention increase adult immunization rates for four major vaccines within primary care

Alex Cho MD MBA, Tracy Wang MD MHS, Rowena J Dolor MD MHS, Wensheng He PhD, Kevin J Anstrom PhD

NAPCRG PBRN conference June 25-26, 2018

Sponsored by Pfizer

Financial Disclosure

Funding Source: Pfizer, Inc.

Recipient: Duke Center for Educational Excellence at the Duke Clinical Research Institute

QI Collaborator: CECity, Inc; PRIMIER, Inc.

Background

Adult vaccination rates are well below the Healthy People 2020 goals established by the CDC

Vaccine	2013	2020 goal
Pneumococcal vaccine		
Age 18-64 yr	21.2%	60%
Age ≥ 65 yr	59.7%	90%
Influenza vaccine		
Age ≥ 18 yr	42.2%	80%
Pertussis (Tdap) vaccine		
Age ≥ 18 yr	14.2%	N/A
Herpes Zoster Vaccine		
Age ≥ 60 yr	24.2%	30%

Prior Studies

Effective interventions to increase vaccination rates

- Audit and feedback
- Reminders
- Provider Financial Incentives
- Education
- Quality Improvement interventions involving a) personal contact with patients or b) shared responsibility with non-MD healthcare personnel

Objective

Assess effectiveness of a multi-component QI intervention to increase adult immunization rates for 4 vaccine preventable diseases -- influenza, pneumococcal pneumonia, pertussis (whooping cough), and herpes zoster (shingles)

Questions:

- 1. What is the pre- vs. post-intervention change in vaccination rates in eligible adult patients?
- 2. Do intervention clinics have greater improvement compared to control clinics?

Methods – Multi-component Intervention

- Online Audit & Feedback platform (MedConcert[®])
- Multi-disciplinary educational resources
- Non-physician clinic champions
 - Nurses, medical assistants
- Pre-specified vaccine targets established by each clinic
- Monthly reports on clinic and provider performance for 4 vaccines
 - Electronic dashboard and printed reports
- Quarterly clinic champion calls

Learning Resources Created by Adult Immunization Project

Training Videos (Duke):

- Educating Patients & Families about Vaccines & Vaccine Preventable Diseases for Healthcare Professionals
- Preparing, Administering and Documenting Vaccines Given For Healthcare Professionals
- "Mini-Grand Rounds" series: Overview of adult vaccinations and uptake; Herpes Zoster; Tdap; Influenza; Pneumococcal (5 min each)
- Pfizer "Change the Exchange" videos: Evidence-based techniques for improving the conversation about vaccinations with adult patients (one for clinic staff, one for providers)

Online Modules:

```
Vaccine Basics for the Healthcare Professional (#1 of 3)
Understanding Vaccines (#2 of 3)
Dosing & Administering Vaccines (#3 of 3)
```

Educational Resources:

Tip Sheets: Documenting Patient Refusals, Coverage of Vaccines, Outside Messages in Epic, Protect Your Patients from Pneumococcal Disease Training Manual Pocket Card

Setting & Participants

- 24 intervention clinics -- 209,533 patients; 147 physicians, 46 NPs/PAs
- 6 control clinics -- 64,133 patients; 63 physicians, 12 NPs/PAs
- One health system in North Carolina
- Baseline period: April 1, 2015 March 31, 2016
- Intervention period: September 1, 2016 August 31, 2017

Methods – Analyses

Comparison of intervention and control clinics

- Continuous data: 2-sample t-tests or Wilcoxon ranksum tests
- Categorical data: Pearson's chi-squared test

Effectiveness of intervention

- Logistic regression models
- Generalized estimating equations methods to account for clustering of outcomes within clinics
- Analyses adjusted for baseline vaccinations rates and differences in case mix between intervention and control clinics

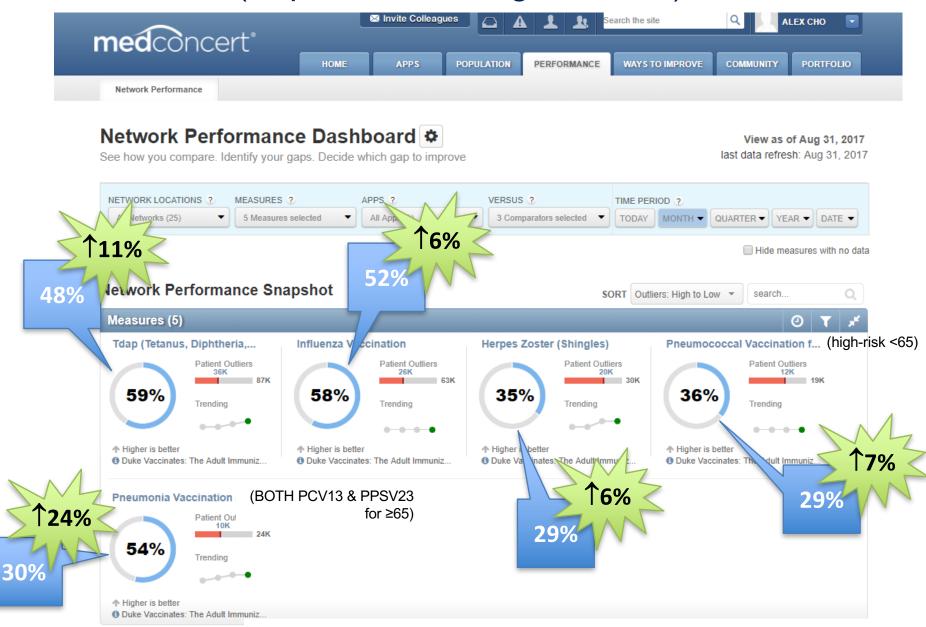
Results – Clinic comparisons

Intervention patients were

- Younger (mean age 51 yrs vs. control 53 yrs, p <0.0001)
- More females (60% vs. control 55%, p < 0.0001)
- More insured (65% vs. control 58%, p < 0.0001)
- Less Caucasians (65% vs. 72%, p < 0.0001)

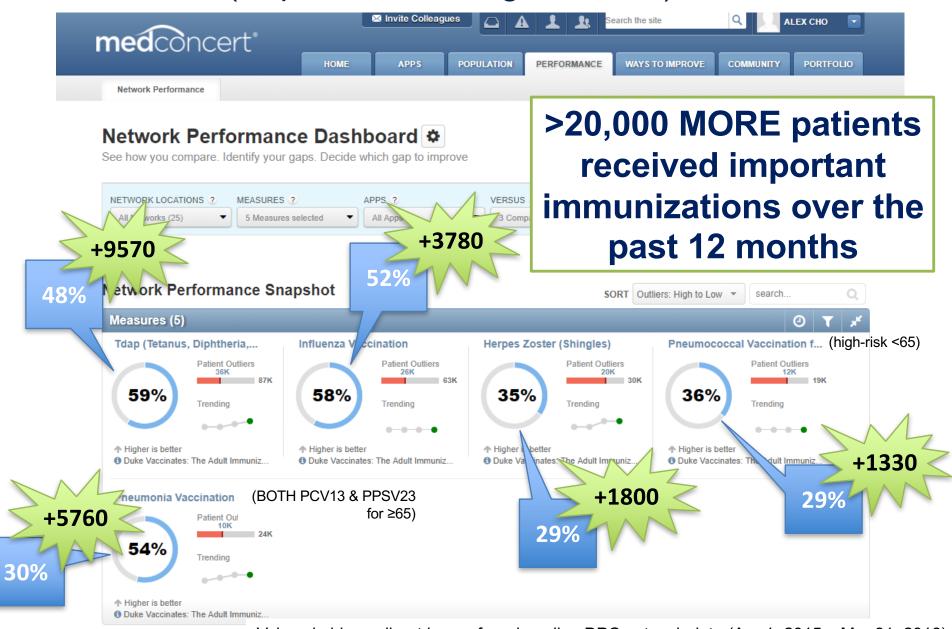
Added these as covariates in analyses

Vaccination Rates(Sep 1, 2016 – Aug 31, 2017)



Values in blue call-out boxes from baseline DPC network data (Apr 1, 2015 – Mar 31, 2016)

Patient Numbers (Sep 1, 2016 – Aug 30, 2017)



Values in blue call-out boxes from baseline DPC network data (Apr 1, 2015 – Mar 31, 2016)

Results – Multivariable Analyses

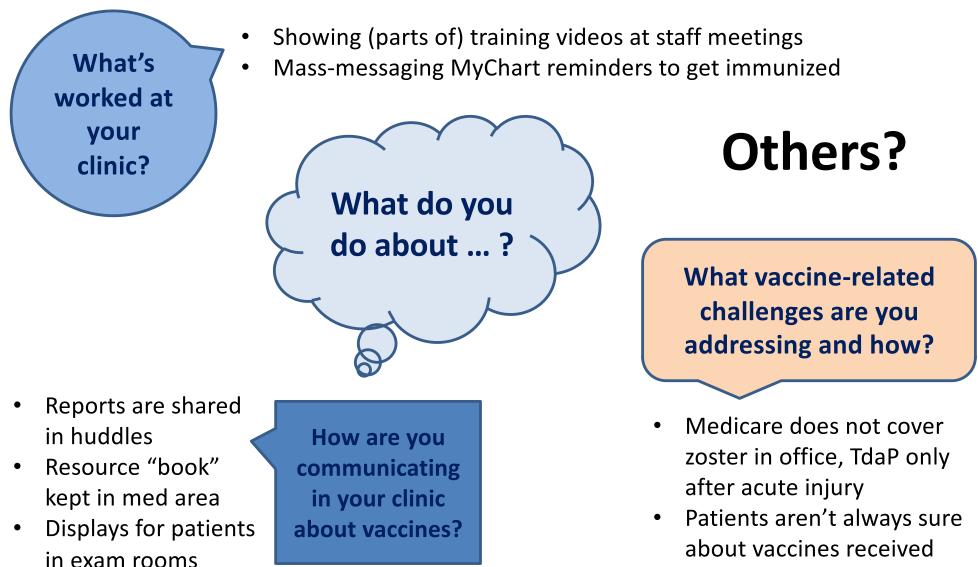
Patients in intervention clinics were more likely to receive:

- Influenza vaccine (adj. OR 1.56, 95% CI 1.30-1.88, p < 0.001)
- Pneumococcal vaccine (adj. OR 2.40, 95% CI 1.10-5.24, p=0.028)

No differences seen between intervention and control clinics for:

- *Tdap vaccine* (adj. OR 1.05, 95% CI 0.87 1.26, p=0.61)
- *Zoster vaccine* (adj. OR 1.16, 95% CI 0.90 1.49, p=0.25)

Open Mike: Best Practices; Questions for Peers



elsewhere

Conclusion

- Implementing an evidence-based, multi-component intervention (A&F, clinic-defined targets, educational resources, non-physician clinic champions) resulted in absolute increases in adult immunization rates over a 12-month period for all 4 vaccines
- Adjusted analyses showed significantly higher influenza and pneumococcal vaccination rates in intervention clinics
- Non-physician clinic champions were key to success

Recognizing Our Champions





End-of-project celebration and dissemination held October 2017

Duke Vaccinates

Duke Vaccinates

The Adult Immunization Project

Acknowledgements:

Study Team: Gretchen Sanders, Ana Quinn, Cara Abram, Rebecca Ortega, DCRI Communications; Kathlene Chmielewski CMA; Katie Arnold; CECity/Premier, Pfizer

Duke Primary Care: 24 intervention clinics and their champions, plus Melissa Bowen RN, Cindy Smith RN, Pat Johnson (Assoc. CNO), John Anderson MD (CMO), Cynthia Sparrow

Sponsored by Pfizer



Duke Vaccinates

The Adult Immunization Project

Questions?

Sponsored by Pfizer