



It's Not Too Late to Make Your Plans to Attend the 38th Annual Meeting

November 13–17, 2010 at the Westin Seattle in Seattle, Washington

Our Host City—SEATTLE!

Seattle is two cities in one. It's a world-class metropolis set within wild, beautiful natural surroundings, offering the best of urban lifestyle while embracing the rugged outdoors—Seattle is a true metronatural city. Many of Seattle's top visitor attractions are within mere blocks of the Washington State Convention Center, including the Pike Place Market, Pioneer Square, Seattle Art Museum, Seattle Symphony, water tours, ferries, world-class restaurants, and repertory and musical theaters. Three national parks lie within a 2-hour drive of Seattle and the city is a gateway to the San Juan Islands, Olympic Peninsula, Washington Wine Country, and British Columbia. Don't miss this opportunity to explore the Pacific Northwest and connect with your colleagues at the NAPCRG Annual Meeting.



Hotel reservations:

Westin Seattle
1900 5th Avenue
Seattle, WA 98101
Fax: 206-727-5896
Phone Reservations:
206-728-1000 ext.5533



Online Reservations:

www.starwoodmeeting.com/Book/NorthAmericanPrimary

Airline reservations:

For assistance in making your airline reservations, call Reward House, Inc. at 877-353-6690 or 816-295-3131 or email jhilburn@rewardhouseinc.com or ktimmerberg@rewardhouseinc.com. Office hours are 8 am-5 pm (central time) Monday through Friday.



Conference registration and the conference program schedule available at

www.napcr.org/meetings/annualmeetingmainpage.cfm

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Invitation Issued by Cancer Research in Primary Care SIG to Join Them at the Annual Meeting

The NAPCRG SIG, Cancer Research in Primary Care, convened for the first time in 2003 in the majestic beauty of Banff, Canada. Every breakfast meeting thereafter has been bursting to capacity with enthusiastic members who have lots of research ideas, conference updates, and achievements to share. Between NAPCRG meetings, we keep in contact via e-mail to discuss various research requests or other information.

Over the years, we have accomplished a number of tasks. Our first SIG accomplishment was to have cancer research presented in themed sessions during the annual meetings. In the past, cancer research did not have a specific "home," and now we do. We have sponsored preconference workshops, and this year we have organized a specific cancer-themed session that involved an invitation for early submissions and selection of completed papers that will be presented followed by thoughts about the papers from a discussant.

We are endeavoring to create an international project utilizing data sets in several countries; we have found that working across a large geographical area involving long time spans has been

challenging. We take pride in the knowledge that the Cancer in Primary Care International Network (Ca-Pri) has some of its roots in our SIG. They held their first meeting in 2009, and many of the NAPCRG SIG members attend the Ca-Pri meetings.

The strength of our SIG lies in the multitude of networking opportunities during the NAPCRG conference as well as among individual SIG members between conferences. This year, our SIG intends to meet again during the breakfast sessions, but we have requested to meet in a separate room as we have found that the larger venue has at times proven too loud to allow for easy discussions. We invite new NAPCRG attendees who are interested in cancer research to attend our SIG meetings to share their ideas and to make friends, and we invite SIG members to return to our table to share their ideas to keep our SIG vibrant.



—*Baukje (Bo) Miedema, PhD*
Associate Professor and
Director of Research
Dalhousie University

IOM Elects Two of NAPCRG's Leaders into its Elite Membership

Frank deGruy III, MD, and Robert Phillips, Jr, MD, MSPH, were named as two of the Institute of Medicine's (IOM) newest 65 members.



Dr deGruy

Dr Phillips

Dr deGruy is the Woodward-Chisholm Professor and Chair, Department of Family Medicine at the University of Colorado, Denver. Dr Phillips is the director of the Robert Graham Center for Policy Studies in Family Medicine and Primary Care, American Academy of Family Physicians in Washington, DC. Dr Phillips serves as the chair of NAPCRG's Committee on Advancing the Science of Family Medicine and on the NAPCRG Board of Directors.

Election to the IOM is considered one of the highest honors in the fields of health and medicine, recognizing individuals who have demonstrated outstanding professional achievement and commitment to service. IOM President Harvey V. Fineberg noted, "Each of these new members stands out as a professional whose research, knowledge, and skills have significantly advanced health and medicine and who has served as a model for others."

New members are elected by current active members through a selective process that recognizes individuals

who have made major contributions to the advancement of the medical sciences, health care, and public health. The new members raise the Institute's total active membership to 1,649.

The IOM is unique in its structure as both an honorary membership organization and an advisory organization. Established in 1970 by the National Academy of Sciences, IOM is recognized as a national resource for independent, scientifically informed analysis and recommendations on health issues. With their election, members make a commitment to volunteer on IOM committees, boards, and other activities. Recent projects include studies on the cardiovascular effects of secondhand smoke exposure, nutrition standards for the federal school meals programs, prevention and control of viral hepatitis, strategies to reduce rates of hypertension and decrease Americans' sodium intakes, and a major summit on integrative medicine.

The *NAPCRG Newsletter* is published by the North American Primary Care Research Group, 11400 Tomahawk Creek Parkway, Suite 540, Leawood, KS 66211, 888-371-6397, ext. 5410, fax: 913-906-6096, napcrgrg@stfm.org. NAPCRG Web site: www.napcrgrg.org. For membership information, contact NAPCRG by e-mail, napcrgrg@stfm.org, or at the address above. The *NAPCRG Newsletter* is published monthly and welcomes letters to the editor about issues of general interest to the membership. Submit correspondence to Frederick Chen, MD, MPH, University of Washington, Department of Family Medicine, 4311 11th Avenue, NE, Suite 210, Seattle, WA, 98195-4982, 206-543-7813, fax: 206-616-4768, fchen@u.washington.edu.

President, Jeannie Haggerty, PhD; Editor, Frederick Chen, MD, MPH;

Executive Director, Angela Broderick, CAE; Member Services Manager, Joan Hedgecock, MSPH; Member Services Coordinator, Priscilla Noland

Canadian Research Award Recipients

Congratulations to this year's CFPC outstanding research award winners, many of whom are longstanding and well-known members of the College of Family Physicians of Canada and the Section of Researchers.

This year's CFPC award for the Family Medicine Researcher of the Year is **Richard Birtwhistle, MD, MSc, FCFP**, director of the Centre for Studies in Primary Care at Queen's University. Dr Birtwhistle has dedicated much of his long and illustrious career to developing and bringing to fruition many primary care research initiatives that have significantly influenced Canadian family practice. Most recently, Dr Birtwhistle has been instrumental in the development of the Canadian Primary Care Sentinel Surveillance Network (CPCSSN), shepherding it through proposal development through the initial 2-year pilot feasibility phase. Chair and principal investigator of this groundbreaking pan-Canadian initiative, Dr Birtwhistle is credited with providing a unifying vision for the project, which recently obtained funding for 5 years, through an agreement between the College of Family Physicians of Canada and the Public Health Association of Canada.

Previous winner of the award for the CFPC Outstanding Family Medicine Research Article for an article published in 2004, Dr Birtwhistle is also the vice-chair of the

Canadian Task Force on Preventive Healthcare and consultant to Queen's University Family Medicine Department's program in Bosnia-Herzegovina.

The CFPC Outstanding Family Medicine Research Article award recognizes the best research article published in a national or international journal during the preceding year, which was based upon family medicine research carried out by a CFPC member. This year's recipient is **Marshall Godwin, MD, MSc, CCFP**, for the article "A Primary Care Pragmatic Cluster Randomized Trial of the Use of Home Blood Pressure Monitoring on Blood Pressure Levels in Hypertensive Patients With Above Target Blood Pressure." This article reports on the results of a study to determine if home blood pressure monitoring improves blood pressure.

Supported by *Canadian Family Physician* and the CFPC Research and Education Foundation, the Canadian Family Physician Best Original Research Article recognizes the best article published in *Canadian Family Physician* during the preceding year, which was based upon original research carried out by a CFPC member. This year's award goes to **Karen Tu, MD, CCFP, MSc**, for the article "Comparison of Primary Care Physician Payment Models in the Management of Hypertension." This article reports on a study carried out to determine the primary care physician

screening, treatment, and control rates for hypertension, and to examine whether the type of physician payment model affected these rates.

Two Research Awards for family medicine residents are given annually to family medicine residents in recognition of outstanding resident research projects as chosen by the chairs and research directors of each university's Department of Family Medicine. The awards are supported by the Professional Association of Internes and Residents of Ontario (PAIRO) Trust Fund and the CFPC Research and Education Foundation. This year's awards go to: **Geneviève Desbiens, MD, Michel Labrecque, MD, PhD, CCFP, FCFP, Marie-Ève Bergeron, MD, Marie-Ève Larivière, MD, Juan Carlos Ochoa, MD, and Merlin Njoya, MSc**, for their project titled "Do Family Physicians Correctly Estimate the Benefits and Risks of Common Therapeutic and Preventive Interventions?" **Amanda Flanagan, BScH, MDCM, CCFP, Grant Russell, MBBS, FRACGP, MFM, PhD, and Meltem Tuna, PhD**, received the award for their study "Patient Knowledge and Attitudes Correlate With Increased PSA Screening in a Canadian Community Family Practice."

Lifetime Achievement Awards in Family Medicine Research recognize the vision, leadership, and significant career contributions of senior researchers to the development of family medicine research

in Canada. This year, the recipients of the Lifetime Achievement Awards in Family Medicine Research are: **William Falk, CCFP, FCFP, LM, Brian Dixon-Warren, CCFP, FCFP, LM, Michael Klein, CCFP, FCFP, LM, and John Hilditch, CCFP, FCFP, LM**, all from British Columbia.

The College, along with the Association of Family Medicine Residency Directors (AFMRD) in the United States and the North American Primary Care Research Group, also recognizes the best scholarly work of senior family medicine residents (second or third year) through the Family Medicine Resident Awards for Scholarship. One recipient from each University Department of Family Medicine in Canada and the United States is selected for this award.

Look for highlights and photos of all of this year's recipients, which will be posted on the Section of Researchers' pages of the CFPC Web site at www.cfpc.ca.

—Stephanie Fredo,
Research Communications
Coordinator
The College of Family
Physicians of Canada

Meet the Board

Valerie Gilchrist, MD, currently serves as secretary-treasurer of the NAPCRG Board of Directors. She also serves on the Board's Executive Committee and is NAPCRG's representative to the Council of Academic Family Medicine (CAFM), which serves as a unified voice for family medicine—collaborating on issues where there is overlap and providing a structure for supporting individual organization's strategic initiatives.



Appointed in 2008, Dr Gilchrist serves as the chair of the Department of Family Medicine at the University of Wisconsin. She received her medical degree and residency training from the University of Toronto and attended a fellowship in Faculty Development at the University of North Carolina-Chapel Hill, and the Hedwig Van Ameringen Executive Leadership in Academic Medicine (ELAM) Program. She is board certified in family medicine and was the chair of the Department of Family Medicine at the Northeastern Ohio Universities College of Medicine as well as the Brody School of Medicine, East Carolina University.

Dr Gilchrist has received numerous awards including: "The Leadership Award" from the North Carolina Academy of Family Physicians, "Excellence in Education" from *Ohio Magazine*, "STFM Research Paper Award," Northeastern Ohio Universities College of Medicine "Master Teacher Award," "Gender Equity Award," and "Liebelt/Wheeler Award for Faculty Excellence." She received an honorary degree from the University of Pécs, Hungary for her work in helping that school develop family medicine education.

She is the coeditor of four books, one monograph, numerous book chapters, peer-reviewed publications, and grant awards. She is a reviewer for the National Board of Medical Examiners, sits on a study section for AHRQ, currently serves on the editorial board of *Family Medicine*, and has been a member of several editorial boards, including *Yearbook of Family Practice*, *Qualitative Health Research*, and *Medscape*. She has also been a peer reviewer for *American Family Physician*.

In addition to being on NAPCRG's Board, Dr Gilchrist has been on the Board of Directors of the Society of Teachers of Family Medicine, The Association of Departments of Family Medicine, The Council of Academic Societies of the Association of American Medical Colleges, and the Ohio, North Carolina, and Wisconsin Academies of Family Physicians. She maintains an active clinical practice at the Belleville Family Medical Clinic. She is married and has three children.

The Latest from the Agency for Healthcare Research and Quality

AHRQ's new Healthy Men Web site (www.ahrq.gov/healthymen) is packed with key information for men on the importance of preventive health, not only for them but also for the well-being of their loved ones.

Healthcare 411 is a new, on-demand audio news program, based on the latest research. It will provide 60-second radiocasts with tips for health care consumers as well as 10-minute audio podcasts featuring longer, in-depth interviews with experts who provide evidence-based information on today's critical health care topics. Log on and listen at www.healthcare411.ahrq.gov. Or subscribe to have stories sent directly to your computer or personal media player.

Results of Research Ethics Quiz

You need the nurses in your clinic to help you enroll patients for your study. What kind of incentive do you think would be ethical to offer the nurses? (circle all that are acceptable)

- | | |
|--|-----|
| A. No incentive is acceptable | 41% |
| B. A group incentive (ie, party) at the end of the study | 49% |
| C. Coauthorship on the manuscript | 10% |
| D. Pay cash individually for each patient they enroll | 18% |
| E. Prize given at the end to the nurse who enrolls the most patients | 13% |
| F. Equipment bought for the clinic at the end of the study | 26% |

** From opinion survey of NAPCRG members (41 respondents) conducted at the 2009 NAPCRG Annual Meeting.*



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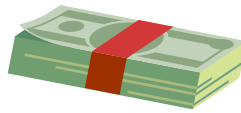
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Show Me the Money: Funding Opportunities for Researchers



Applications invited for Ellison Medical Foundation/American Federation for Aging Research Postdoctoral Fellows in Aging Research Program. Grants of up to \$59,000 will be awarded to individuals with an MD and/or PhD degree working to further understanding of aging processes and age-related diseases and disabilities. Deadline: December 15, 2010. For additional information, visit www.afar.org/ellisonpostdoc.html.

The National Institute on Aging (NIA), The NIH Office of Dietary Supplements, The Atlantic Philanthropies (USA), The John A. Hartford Foundation, the Starr Foundation, the National Institute of Mental Health (NIMH), the National Institute on Neurological Disorders and Stroke (NINDS) and an anonymous donor are collaborating on the Paul B. Beeson Career Development Awards in Aging Research Program. Its purpose is to sustain and promote the research careers of clinically trained individuals who are pursuing research careers in aging. Two grant opportunities are being announced and are due November 9, 2010. For additional information about the grants, visit www.afar.org/beeson.html

The American Medical Association Foundation is accepting applications for its Seed Grant Research

Program. One-year grants of up to \$2,500 are being made available to encourage medical students, physician residents and fellows to enter the research field and to help them conduct small basic science, applied, or clinical research projects. Areas of research support include cardiovascular/pulmonary diseases, HIV/AIDS, leukemia, and neoplastic diseases. Additional information on the grant is available at www.ama-assn.org/ama/pub/about-ama/ama-foundation/our-programs/medical-education/seed-grant-research.shtml. The deadline for applications is December 6, 2010.

The Melanoma Research Alliance announces the 2010-11 Request for Proposals. Grants totaling \$5 million will be awarded to faculty at an academic research institution within or outside the United States working in the areas of melanoma prevention, diagnosis, staging, and treatment and addressing the gap in translational science, ie, turning scientific discoveries into tools and/or treatments for high-risk individuals or melanoma patients. Proposals will be accepted in the following categories: **1)** individual investigator awards, including young investigator, established investigator, and pilot study awards; **2)** team science awards

emphasizing collaborative, multidisciplinary research approaches; and **3)** academic-industry partnership awards for established investigators or research teams. For additional information, the application, and grant deadlines, visit www.melanomaresearchalliance.org/mra_research/rfp.html.

The American Foundation for Suicide Prevention is accepting applications for

Research Grant Programs for researchers in the US and working abroad on projects that focus on understanding and preventing suicide through research and education. Grants of up to \$225,000 are available. The grant application deadline is December 1, 2010. For additional information and the application, visit www.afsp.org.

23rd annual

Primary Care Research Methods & Statistics Conference

"Patient-centered Care, Patient-centered Research"

Dec. 3-5, 2010
San Antonio, TX • The Menger Hotel

Website:

http://familymed.uthscsa.edu/research08/pcrmsc/23rd_2010/conferencehome.asp

Plenary Speakers

"What Does Research Tell Us About Patient-centered Care? The Why, What, and How"
Moira Stewart PhD, University of Western Ontario

"Engaging Patients and Communities Through Research Partnerships"
Ann C. Macaulay, MD, McGill University

Workshops

"Methods Workshop for the Novice Researcher"
John G. Ryan, DrPH, University of Miami

"Survival Analysis for the Experienced Researcher"
Roger B. Davis, ScD, Harvard School of Public Health

Additional tracks on methodology, statistics, and qualitative methods will also be offered.

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